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OFFICIAL SPUR NEWSLETTER



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2019 MEDICAL CAMP

Spur annual Medical Camp is an annual charitable activity that provides free healthcare for children in Kibera.

The 2019 medical camp ran from the 7th-11th of January. About 800 students from six different schools in Kibera, as well as a few adults, benefited from a free health check-up and free dental care and treatments.

ELIMISHA

Sponsored children (80) had a two day extension of their usual November camp in January, when the mission team arrived for medical camp. During this camp, students had their annual medical checkups and treatments. They were also thrilled to get presents from their sponsors.

In February eight new children were enrolled.

Students who sat their final exams for primary school in October 2018 joined secondary school.

The first round of 2019 school and home visits began in February and is set to continue throughout March.

Medical follow-ups were completed for students needing dental or optical treatments. Students received prescription glasses or had teeth removed or scaled.

MENTORING

Mentorship (young Spur devoted adults) training happened in January at K.A.G. Primary School. This training was aimed to help mentors through their mentorship journey.

The main topics tackled were:

- Communication
- How to start / setting off on mentorship
- · Gaining a full understanding of your mentee
- Appropriate activities / icebreakers

Normal mentor-mentee meetings restarted in February with Spur welcoming ten new mentors.











SPECIAL PROGRAMS

Spur ran a Jasiri Leadership Training program with Karama student leaders on the 1st of February. The team trained these young leaders on leadership skills relating to Christian values from the Bible.

Spur met with twenty new parents recruited into the National Hospital Insurance Funds (NHIF 6K campaign) in February. This meeting included an official from NHIF who not only helped parents to register for NHIF, but who discussed its benefits and supplied families with a list of hospitals who accept the NHIF card.

BINGWA GIRLS PROGRAM

The Girls Empowerment program kicked off on the 24th of February with 120 girls receiving three packets of sanitary towels and an undergarment each. The girls began this year's discussion on topics including understanding the menstrual cycle, sexual abuse, effects of abortion and how to deal with peer pressure.

STAFF TEAM

The staff team completed a project review and renewal of staff contacts in February. This was led by Spur heads Patrick and Sue, and was intended to help staff realize their milestones and challenges, and to re-organize their strategies.

Staff retreat ran from the 16th to 17th of January. During this retreat Spur staff reviewed the 2018 year by discussing highlights, strengths and weaknesses. The team set-up structures that would help achieve both individual and organizational goals in 2019. Additionally, Spur leaders also led a staff training on 27th of February, which touched on stewardship, caring for one other, mind-mapping (planning), finding balance and individual growth.

